

# Their Hearts Are Dancing

Choreo: Stuart Lewis & Fay Samborsky, 7890 Stonehouse Ct., Centerville, OH 45459-5114,  
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Music: "Their Hearts Are Dancing" - The Forester Sisters - Walmart.com download  
Time/Speed: 3:41/Speed unchanged from download

Footwork: Opposite, directions for man except as noted (W's in parentheses)

Rhythm: WZ Phase: II + 2 (Spin Turn, Box Finish) Rel Date: 06/27/2007

Sequence: I A B C D A B C T

Dedicated to Norma and Howard Lewis (Stuart's parents) in the year of their 60th wedding anniversary.



## INTRO [CP WALL]

### 01-02 WAIT ; ;

01-02 In CP M fcg wall w/ ld ft free wait ; ;

### 03-06 SWAY L ; SWAY R ; DIP BK ; REC ;

03-04 Sd L stretching left side drawing R slightly toward L ; Sd R stretching right side drawing L slightly toward R ;

05-06 Bk L leaving R in place relaxing left knee slightly ; Recover R ;

## PART A [CP WALL]

### 01-04 LF TRNG BOX ; ; ; ;

01-02 Fwd L commence 1/4 LF trn , complete trn Sd R , cl L ; bk R commence 1/4 LF trn , complete trn Sd L , cl R ;

03-04 Fwd L commence 1/4 LF trn , complete trn Sd R , cl L ; bk R commence 1/4 LF trn , complete trn Sd L , cl R ;

### 05-08 BAL [L] ; REV TWRL 3 [RLOD] ; THRU TWKL ; THRU SD CL ;

05-06 Sd L , behind R , in place L ; Side and fwd R to RLOD , fwd L , fwd R (Side and fwd L trng 1/2 LF under jnd ld hnds , side and bk R trng 1/2 LF , fwd L) endg LOP fcg RLOD ;

07-08 Fwd L trng to face partner , Sd R trng slightly toward LOD , cl L ; Fwd R trng to face partner , Sd L , cl R ;

### 09-12 LF TRNG BOX ; ; ; ;

09-10 Fwd L commence 1/4 LF trn , complete trn Sd R , cl L ; bk R commence 1/4 LF trn , complete trn Sd L , cl R ;

11-12 Fwd L commence 1/4 LF trn , complete trn Sd R , cl L ; bk R commence 1/4 LF trn , complete trn Sd L , cl R ;

### 13-16 BAL [L] ; REV TWRL [RLOD] ; THRU TWKL ; THRU SD CL ;

13-14 Sd L , behind R , in place L ; Side and fwd R to RLOD , fwd L , fwd R (Side and fwd L trng 1/2 LF under jnd ld hnds , side and bk R trng 1/2 LF , fwd L) endg LOP fcg RLOD ;

15-16 Fwd L trng to face partner , Sd R trng slightly toward LOD , cl L ; Fwd R trng to face partner , Sd L , cl R endg BFLY ;

## PART B [BFLY WALL]

### 01-04 WZ AWY ; WRP ; FWD WZ ; PU SD CL [LOP-FCG] ;

01-02 W/ trl hnds jnd fwd L trng away from partner , side & fwd R [to a slight bk to bk] , cl L ; keeping trl hnds jnd fwd R , fwd L , cl R (fwd L trng 1/2 LF , bk R trng 1/2 LF , cl L) joining ld hnds to end in WRP fcg LOD ;

03-04 Fwd L , fwd R , cl L ; fwd R , Sd L , cl R (fwd L trng commencing 1/2 LF trn , Sd R completing trn , Sd L) endg LOP-FCG ;

### 05-08 THRU TWKL 2X [CP] ; ; 2 LF TRNS [BFLY WALL] ; ;

05-06 keeping ld hnds jnd Fwd L toward wall trng to face partner , Sd R trng slightly toward center of hall , cl L ; Fwd R toward center of hall trng to face partner , Sd L , cl R endg CP fcg LOD ;

07-08 Fwd L commencing LF , continue trn Sd R , cl L ; bk R continuing trn , Sd L , cl R ;

### 09-12 WZ AWY ; WRP ; FWD WZ ; PU SD CL [CP] ;

09-10 W/ trl hnds jnd fwd L trng away from partner , side & fwd R [to a slight bk to bk] , cl L ; keeping trl hnds jnd fwd R , fwd L , cl R (fwd L trng 1/2 LF , bk R trng 1/2 LF , cl L) joining ld hnds to end in WRP fcg LOD ;

11-12 Fwd L , fwd R , cl L ; fwd R , Sd L , cl R (fwd L trng commencing 1/2 LF trn , Sd R completing trn , Sd L) endg CP LOD ;

### 13-16 FWD WZ ; MAN ; SPIN TRN ; BK 1/2 BOX ;

13-14 Fwd L , fwd R , cl L ; fwd R trng 1/2 RF , Sd L , cl R (fwd L , Sd R , cl L) endg CP fcg RLOD ;

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- 15-16 Commence RF upper body trn bk L pivoting 1/2 RF to fc LOD , fwd R between W's feet heel to toe continue trn leaving L leg extended bk and sd , complete trn rec sd and bk L (Commence RF upper body trn fwd R between M's feet heel to toe pivoting 1/2 RF , bk L toe continue trn brush R to L , complete trn rec sd and fwd R) endg CP DLW ; bk R , small Sd L , cl R (fwd L , Sd R , cl L) endg SCAR DLW ;

## PART C [SCAR DLW]

### 01-04 3 PROG TWKLS ; ; ; MAN ;

- 01-02 Cross L in front , Sd R trng slightly LF to BJO DLC , cl L (Cross R in bk , Sd L trng slightly LF to BJO DLC , cl R) ; Cross R in front , Sd L trng slightly RF to SCAR DLW , cl R (Cross L in bk , side R trng slightly RF to SCAR DLW , cl L) ;

- 03-04 Cross L in front , Sd R trng slightly LF to BJO DLC , cl L (Cross R in bk , Sd L trng slightly LF to BJO DLC , cl R) ; fwd R trng 1/2 RF , Sd L , cl R (fwd L , Sd R , cl L) endg CP fcg RLOD ;

### 05-08 SPIN TRN ; BOX FIN ; 2 LF TRNS [WALL] ; ;

- 05-06 Commence RF upper body trn bk L pivoting 1/2 RF to fc LOD , fwd R between W's feet heel to toe continue trn leaving L leg extended bk and sd , complete trn rec sd and bk L (Commence RF upper body trn fwd R between M's feet heel to toe pivoting 1/2 RF , bk L toe continue trn brush R to L , complete trn rec sd and fwd R) endg CP DLW ; Bk R commence LF trn , Sd L , cl R endg CP DLC ;

- 07-08 Fwd L commencing LF , continue trn Sd R , cl L ; bk R continuing trn , Sd L , cl R ;

### 09-12 BOX [SCAR] ; ; TWKL ; MAN [CP RLOD] ;

- 09-10 fwd L , Sd R , cl L ; bk R , Sd L trng slightly RF , cl R endg SCAR DRW ;

- 03-04 Cross L in front , Sd R trng slightly LF to BJO DLW , cl L (Cross R in bk , Sd L trng slightly LF to BJO DLC , cl R) ; fwd R trng 1/2 RF , Sd L , cl R (fwd L , Sd R , cl L) endg CP fcg RLOD ;

### 13-14 SPIN TRN ; BOX FIN ;

- 13-14 Commence RF upper body trn bk L pivoting 1/2 RF to fc LOD , fwd R between W's feet heel to toe continue trn leaving L leg extended bk and sd , complete trn rec sd and bk L (Commence RF upper body trn fwd R between M's feet heel to toe pivoting 1/2 RF , bk L toe continue trn brush R to L , complete trn rec sd and fwd R) endg CP DLW ; Bk R commence LF trn , Sd L , cl R endg CP DLC ;

## PART D [CP DLC]

### 01-04 2 LF TRNS ; ; APT PT ; TOG TCH ;

- 01-02 Fwd L commencing LF , continue trn Sd R , cl L ; bk R continuing trn , Sd L , cl R ;

- 03-04 Bk L joining ld hnds (bk R) , point R fwd , - ; Fwd R toward partner , touch L , - ;

### 05-08 SWAY L ; SWAY R ; DIP ; REC ;

- 05-06 Sd L stretching Left side drawing R slightly toward L ; Sd R stretching Right side drawing L slightly toward R ;

- 07-08 Bk L leaving R in place relaxing L knee slightly ; Recover R ;

## ENDG [CP DLC]

### 01-04 2 LF TRNS ; ; BOX [SCAR] ; ;

- 01-02 Fwd L commencing LF , continue trn Sd R , cl L ; bk R continuing trn , Sd L , cl R ;

- 03-04 fwd L , Sd R , cl L ; bk R , Sd L trng slightly RF , cl R endg SCAR DRW ;

### 05-08 TWKL ; MAN [CP RLOD] ; SPIN TRN ; BOX FIN ;

- 05-06 Cross L in front , Sd R trng slightly LF to BJO DLW , cl L (Cross R in bk , Sd L trng slightly LF to BJO DLC , cl R) ; fwd R trng 1/2 RF , Sd L , cl R (fwd L , Sd R , cl L) endg CP fcg RLOD ;

- 07-08 Commence RF upper body trn bk L pivoting 1/2 RF to fc LOD , fwd R between W's feet heel to toe continue trn leaving L leg extended bk and sd , complete trn rec sd and bk L (Commence RF upper body trn fwd R between M's feet heel to toe pivoting 1/2 RF , bk L toe continue trn brush R to L , complete trn rec sd and fwd R) endg CP DLW ; Bk R commence LF trn , Sd L , cl R endg CP DLC ;

### 09-11 SWAY L ; SWAY R ; DIP ;

- 09-10 Sd L stretching Left side drawing R slightly toward L ; Sd R stretching Right side drawing L slightly toward R ;

- 11 Bk L leaving R in place relaxing L knee slightly ;

- 11 Back Left leaving Right in place relaxing left knee slightly ;